

# ANTI-BULLYING PLAN 2023

## Grays Point Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and bullying behaviour.

### Grays Point 's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. All staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Weekly	Positive Behaviour for Learning expectation at TEAMS Monday whole school assembly
Daily	Students recognised for respectful behaviour and awarded at Kookie cards.
Weekly	Class awards each week for demonstrating safe, respectful learner expectations.
Twice/ term	K-2 , 3-6 Assembly to recognise students with 3 Merit awards for safe, respectful behaviour.
Annual	Bullying No Way Day. March Term 1 each Year is supported by in-class lessons and whole school activities.

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term one Annually	Sharing of teaching resources to implement Bully No Way! .Students voice: students make videos, posters etc to share with community. Student work shared in newsletter and social media.  Strategies to deal with bullying communicated to community Term one
Term One February 7	e-safety online cyber safety lessons all classes. Cyber Safety Day
Term One Annually	All of stage 3 participate in cyber bullying program before BYOD are permitted on grounds. Cyber bullying resources are shared with the community each year. <a href="#">Cyber safety for school and community.</a>

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- All new staff and casuals are inducted and the PBL expectations are clearly explained for casual staff in the daily casual teacher folder
- All classrooms have clear display of behaviour expectations.
- Playground signs are clearly visible.

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website.

- ✓ School Anti-bullying Plan
- ✓ NSW Anti-bullying website
- ✓ Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
	Parent meetings i.e P&C, parent/teacher night - Defining student bullying and school supports
	School website school Facebook and/or school newsletter - Bystander behaviour
	<a href="#">Anti-bullying information for parents</a>
	<a href="#">Cyber safety information for Parents</a>

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Student well being officer employed 2 days per week
- The Wellbeing framework: [The Wellbeing Framework](#)
- Peer support program
- Buddy program

Completed by: Elyse Duggan  
Assistant Principal

Principal name: Narelle Smith

Signature: *N. Smith*

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