



## 📌 Online Form - Zone Cross Country

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| <b>Activity Name:</b> | Zone Cross Country  |
| <b>Date/Time:</b>     | Monday 8 May 2023 9:00am - 2:30pm (BUS WILL DEPART SCHOOL AT 8.30AM)  |
| <b>Description:</b>   | <p><b>WHAT TO WEAR:</b> Students should wear their school sports uniform. They will be given an athletics singlet to wear at the carnival. This <b>MUST</b> be washed and returned to school promptly. Suitable footwear must be worn by all students. Neither bare feet nor running spikes are permitted.</p> <p><b>WHAT TO BRING:</b> Students should bring suitable foods for recess and lunch and plenty of water to drink. Students should bring wet weather gear and come prepared for cold winds as the weather can alter considerably over the course of the day. Students <b>MUST</b> carry asthma medication on the day. Canteen facilities and a coffee van will be available.</p> <p><b>RACE TIMES:</b> Assemble 9:00am - walk the course 9:15am Carnival begins at 10am</p> <p><b>EVENTS/TIME:</b> 10am 8/9 years Girls 2000m<br/> 10.30am 8/9 years Boys 2000m<br/> 11.00am 10 years Girls 2000m<br/> 11.30am 10 years Boys 2000m<br/> 12.00pm Lunch break<br/> 12.30pm 11 years Girls 3000m<br/> 1:00pm 11 years Boys 3000m<br/> 1.30pm 12/13 years Girls 3000m<br/> 2:00pm 12/13 years Boys 3000m</p> <p><b>NOTE:</b> The first 6 placegetters at Zone will compete at the Sydney East Cross Country Championships on Thursday 15th June at Miranda Park.</p> |
| <b>Cost:</b>          | \$18.00   |
| <b>Venue:</b>         | Miranda Park (The Kingsway, Miranda NSW 2228)   |
| <b>Transport:</b>     | Bus to and from carnival  |

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| <b>Additional Information:</b> | <p>Purchase of Zone Apparel:</p> <p>We are excited to announce the introduction of a new online apparel ordering system called Spriggy Schools on 24/04/2023 for the Cronulla Zone Cross Country Carnival on Monday 8th May. Orders will close Thursday 4 th May, 2023. Spriggy Schools will make apparel orders more convenient for both families and the schools.</p> <p>Steps to get started:</p> <ol style="list-style-type: none"><li>1. Go to <a href="https://www.spriggyschools.com.au">www.spriggyschools.com.au</a> (<a href="https://www.spriggyschools.com.au">https://www.spriggyschools.com.au</a>) to register and download the app.</li><li>2. Add a profile for your children, making sure you select SCHOOLNAME and your child's class.</li><li>3. Select Events- Zone Cross Country.</li><li>4. Start placing orders! You can place orders up to 2 weeks in advance.</li></ol> <p>If you have any questions, please contact Spriggy Schools via their website.</p> |
| <b>Due Date:</b>               | Thursday 4 May 2023   |

\* indicates a required field

I have read the above details and give consent for my child, to attend the Zone Cross Country \*

☐ Yes ☐ No

**Student Name:**

**Parent/Carer Name: \***

**Parent/Carer Phone Number: \***

**Emergency Contact Name: \* ?**

**Emergency Contact Phone Number: \***

**Medical conditions (including any medications required):**

**Parent/Carer Signature: \***

**Please note:** Once you have submitted this consent form, please ensure that you make payment. Payment can be made via the 'Make Online Payment' button located on this page.