



INVITATION

A SPECIAL P&C EVENT

not to be missed, all welcome

GUEST SPEAKER JOEL CURTIS

OWNER & PRINCIPAL PSYCHOLOGIST – ENDEAVOUR WELLNESS

JOIN OUR NEXT P&C MEETING

7.00pm MONDAY 6th MAY 2019 – GPPS LIBRARY



In depth, actionable and
life changing support



Endeavour Wellness is a professional practice which specialises in Coaching, Counselling and Performance services.

As Principal Psychologist Joel is passionate about helping others. His counselling style is non-directive; he doesn't like telling people what he thinks they should do. His goal is to help people develop personal insight, so they have the skills to be able to help themselves.

Joel works with people to help them achieve what they want to achieve in their life. As a Psychologist, he is dedicated to understanding your story and tailoring an approach which will work best for you. Joel has a client centred approach to counselling and works in a non-judgemental environment.

Joel provides support for people experiencing depression, anxiety and phobias. He has a strong interest in men's health as well as working to support teenage boys.

Joel works with couples to provide support for relationship and marriage issues.

Joel holds a Masters' Degree in Psychology from Western Sydney University. His therapeutic styles include CBT, Mindfulness, ACT and Solutions Focused Therapy.

**Come along... we are sure you will be inspired.
PUT IT IN YOUR DIARY NOW!**