

Recess

Fresh fruit (Seasonal)	1.00
Garlic bread (Canteen made)	1.50
Popcorn (Plain & unsalted)	1.00
Monster Noddle Snacks (BBQ & Chicken)	1.00
Lavash pizza (Tomato paste & cheese)	1.50
Berry muffin (Canteen made)	1.50
Corn cob	1.00
Vegetable sticks (Cucumber, carrot & celery)	1.00
Slice or biscuit of the day (Canteen made)	1.00
Yoghurt & berry cup (Greek yoghurt)	3.00

Lunch

Sandwiches, rolls & wraps

Spreads (Vegemite, jam or honey)	3.00
Cheese	4.00
Chicken	4.00
Ham	4.00
Salad (Tomato, cucumber, carrot and lettuce)	4.00
Swap bread for a White roll / Wrap	add 1.50
Add extra salad (lettuce/cucumber/carrot/tomato) each	1.00
Add extra protein (Ham/cheese/chicken) each	1.50

Toasties

Cheese	4.00
Chicken	4.00
Ham	4.00
Add extra protein (Ham/cheese/chicken) each	1.50
Add tomato	1.00

Hot Food

Chicken Nuggets	3 pack	3.00
	6 pack	6.00
Chicken fried rice (Canteen made)	GF	5.50
Butter Chicken + plain rice (Canteen made)		5.50
Chicken burger		7.00
<i>(Choice of lettuce, tomato, carrot, cucumber & sauce)</i>		
Chicken tenderloin wrap (sweet chilli or plain)		7.00
<i>(Choice of lettuce, tomato, carrot, cucumber & sauce)</i>		
Cheeseburger		5.50
<i>(Lite beef patty, cheese and choice of sauce)</i>		
Fantastic 2 minute chicken noodles (70g)		3.00
Fantastic 2 minute chicken noodles (70g)	GF	3.00
Note: Noodles need to be picked up from the canteen		
Four n Twenty Traveller meat pie (160g)		6.00
Good Tucker Sausage Roll (120g)		4.00
Pasta bolognaise (Canteen made)		5.50
Mexican boat (Canteen made)		6.00
<i>(Taco mince with lettuce & cheese)</i>		
Macaroni & cheese (Canteen made)		5.00
Lavash pizza	Ham & pineapple	5.50
	Ham & cheese	5.50
	BBQ Chicken	5.50
	Cheese only	5.50

Fresh salads

Garden salad (Tomato, cucumber, carrot, lettuce)	5.00
<i>with mayo or sweet chilli sauce</i>	
Add chicken, ham or cheese	each 1.50

Condiments & extras

Individual tomato or BBQ sauce portion	0.50
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Day Pack

Meal Deal

For just

\$7.00

you get

fruit break

recess and lunch!

Choose from

Recess

Garlic bread
Corn cob
Popcorn

Lunch

Pasta bolognaise
Macaroni cheese
Chicken fried rice
Lavash pizza

Drinks

Bottled water (350ml)	2.00
Fruit juice poppers <i>(Apple, orange, apple & blackcurrant or tropical)</i>	2.00
Chill J <i>(Blackcurrant, lemonade or Orange Passio)</i>	2.50
Warm Milo	2.00
<i>(To be collected from canteen)</i>	
Up & Go Liquid Breakfast <i>(Chocolate or strawberry)</i>	2.50

Frozen items

Frozen juice cube <i>(Apple, orange or tropical)</i>	0.50
Quelch fruit juice stick	1.00
TNT <i>(Red berry blast, sour berry or sour watermelon)</i>	1.50
Juicies juicefruit tube <i>(Berry, orange, lemonade or tropical)</i>	2.00
Blizzard slushie <i>(Orange, strawberry or fruit burst)</i>	2.50
Frozen juice popper <i>(Apple, orange, tropical or apple & blackcurrant)</i>	2.00
Twisted yogurt cup <i>(Strawberry or chocolate)</i>	3.00

Birthday ice block buckets

One Quelch fruit juice stick for each class student **15.00**

Buckets to be picked up from the canteen prior to recess

SUSHI THURSDAY



**PLACE YOUR ORDER
BEFORE 9:00AM THE
WEDNESDAY PRIOR**

Find our current range & prices
on My School Connect

GRAYS POINT
PUBLIC SCHOOL



Order online at:

myschoolconnect.com.au*

online orders need to be placed before 9am

OR

place money in a written paper bag and
hand into canteen prior to morning bell

Got questions or need help?

email canteen@gpps.org.au

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**Grays Point Public
School P & C**

for regular updates

**GREAT
CHOICE**

Healthy School Canteens

*Our canteen has been
awarded the healthy
school canteen badge as
our menu meets the
NSW Healthy School
Canteen Strategy*

Whilst every care is taken, we cannot guarantee that food
allergens will not be transferred through accidental cross-contact.

* Fees apply to online orders



Canteen

Menu

2025

*Our school canteen is proudly run by
the GPPS P&C and our amazing school
community volunteers! We're all about
serving up healthy, tasty food that kids
love while making life a little easier for
parents and carers.*

www.gpps.org.au